ORIENTATION
2015
NEXT

The Catholic University of America admits students of any race, color, national or ethnic origin, sex, age, or disability.
After Orientation, you may find yourself asking, what’s next? The first six weeks of the semester are an important time to make connections, start getting involved, and learn about resources on campus. Orientation Next is a great way to find out about opportunities to get you started.

This booklet contains highlighted events during the first six weeks, culminating in Family Weekend and the Welcome Home BBQ. But there are so many events that we couldn’t include them all here, so make sure to also check out nest.cua.edu for a full list of everything happening on campus. Welcome to your new home at CUA!

To request accommodations for individuals with disabilities or an alternative format of this publication, please contact Orientation staff at 202-319-5627 or cua-orientation@cua.edu.
The offices of Campus Activities, Campus Ministry, and Residence Life, as well as Program Board, have come together to provide fun events for students every Thursday, Friday, and Saturday night. Visit nest.cua.edu to see what’s happening this weekend!

Thursday

CUA Nite Live
Every Thursday, Program Board brings you an exciting new event on campus. Whether it’s a comedian, your favorite student band on showcase, or laser tag outside the Pryz, everyone will have a great time!

DC Nite Out
Once a month, Campus Activities provides a limited number of FREE tickets to an off-campus event as part of the CUA Nite Live program. Events range from award-winning plays, ballets, and musicals, to sports games, comedy shows, and even ghost tours!

CUA on Tap
Once a month, your student ministers host CUA on Tap, an evening that begins with an open mic and is followed by a presentation on a theological topic of interest to students. Speakers include CUA faculty, professional athletes, musicians, and internationally known authors.

Friday

Friday Nights with The House
Watch for opportunities to meet people and hang out every Friday night at exciting events hosted by your student ministers. From cheering on the Nationals to a private viewing at a movie theatre, this is a great way to make new friends and take advantage of all that D.C. and CUA have to offer. Don’t miss out!

Saturday

CU Saturday
Residence Life provides a fun social opportunity for students every Saturday. These events are hosted by the RAs in each neighborhood and can take place on or off campus. Annual favorites include the Battle of the Bands, the Homecoming Bonfire, and the Weenie Roast!
ORIENTATION NEXT SCHEDULE

Monday, Aug. 31–Friday, Sept. 4

Ask Me Booth
10 a.m.–6 p.m., Lobby, Edward J. Pryzbyla University Center
Orientation advisors will answer your questions, direct you to a resource, or help locate the building where your next class will be held. Sponsored by the Office of Campus Activities.

Monday, Aug. 31

We Are Called
9 p.m., Lounge, Walton House, and Lounge, McDonald House
Can you identify potentially dangerous situations? Do you know how to safely intervene? Come to this interactive workshop and learn about the 3 Ds of bystander intervention as well as resources available to support your friends. Sponsored by the PEERS.

Tuesday, Sept. 1

Happy Hour with the Priests and Religious in Residence
7 p.m., First Floor Lounge, Regan Hall
Curious about the religious sisters and priests who live on campus in the residence halls? Wonder no more! Come meet the Priest and Religious in Residence team, find out how they came to CUA, learn more about what they do in the halls, and share some joy! Refreshments will be provided. Sponsored by the Office of Residence Life and the Office of Campus Ministry.

Wednesday, Sept. 2

Campus Employment Fair
11 a.m.–2 p.m., Great Room, Pryzbyla Center
Look for work-study and non-work-study jobs on campus. Complete all of your employment paperwork in one place, including tax, I-9, and direct deposit forms. Sponsored by Career Services.

VIP Night
9 p.m., University Bookstore, Monroe Street Market
Calling all CUA Celebs — We are rolling out the red carpet for all you need for starting school. Pick up your books … and some free food and giveaways! We will have trivia, prizes, and of course the best photo ops on campus. Sponsored by CUA Barnes & Noble.
Friday, Sept. 4

**Metro Madness**  
*5 p.m., The House*

Join The House for this annual citywide scavenger hunt! Get to know some of Washington, D.C.’s famous landmarks in Chinatown, DuPont Circle, and Union Station, exploring the District with your student ministers and classmates. A time-honored tradition! *Sponsored by Campus Ministry.*

Saturday, Sept. 5–Monday, Sept. 7

**Take Root: Freshman Retreat 2015**  
*Noon (on Saturday)–4 p.m. (on Monday), Meet at The House to head out to Sandy Hill Camp in North East, Md.*

Join Campus Ministry and around 300 of your new classmates for the biggest retreat CUA offers each year! Spend the weekend by the Chesapeake Bay, get to know your classmates, take time away to reflect, and learn how to make your faith your own at CUA. All-inclusive cost is $60 with scholarships available. Sign up at [ministry.cua.edu](http://ministry.cua.edu)! *Sponsored by Campus Ministry.*

Tuesday, Sept. 8

**D.C. Night Life: The Inside Scoop with D.C. Metropolitan Police**  
*2 p.m., 351 Pryzbyla Center*

Crime occurs in the District of Columbia as in any bustling metropolis. You will want to do all you can to remain safe and observant as you enjoy the wonders of the city. To this end, you are invited to join members of the Metropolitan Police Department of Washington, D.C., for a light lunch and refreshments as they share strategies and techniques for ensuring your safety during your excursions throughout the city. *Sponsored by Student Conduct and Ethical Development.*

**Fall Fiesta**  
*4–7 p.m., West Lawn and Patio, Pryzbyla Center*

Kick off the school year with this campus-wide celebration of CUA pride with free food, tons of giveaways, games, novelty items, inflatables, and the chance to relax with your friends! In addition to the great food and games, this event includes the annual Student Involvement Fair. You’ll have the chance to meet officers from every student organization and learn how YOU can get involved in the campus community. *Sponsored by the Office of Campus Activities, Program Board, and CUA Dining Services.*
We Are Called
9 p.m., Second Floor Lounge, Ryan Hall, and Lounge, Regan Hall
Can you identify potentially dangerous situations? Do you know how to safely intervene? Come to this interactive workshop and learn about the 3 Ds of bystander intervention as well as resources available to support your friends. Sponsored by the PEERS.

Wednesday, Sept. 9

Personal and Property Safety Presentation
11 a.m.–3 p.m., Pryzbyla Center
Members of the Department of Public Safety (DPS) and the Metropolitan Police Department (MPD) will set up a presentation table with brochures to discuss and share information about personal and property safety. DPS personnel and MPD officers will be available to talk to students about on- and off-campus safety; safety initiatives; and how DPS handles emergencies; and respond to any questions or concerns. DPS officers from the RAD (Rape Aggression Defense — self-defense tactics and techniques for women) program will conduct a demonstration. Sponsored by the Department of Public Safety.

Your New Normal: Adjusting to Your First Year of College
6 p.m., 119 Caldwell Hall
Many students assume that from day one at college “the best years of your life” are off and running. While true for some, many first-year students can benefit from extra time and opportunities to feel connected and thriving on campus. This presentation provides strategies to jump-start your emotional adjustment in starting the next phase of your life at CUA. Sponsored by the Counseling Center.

Tutoring Services Open House
7–9 p.m., Tutoring Services, 202 Pryzbyla Center
Meet your 2015–2016 tutors! Worried about making it through calculus? Want some tips on how to take notes in your philosophy class? Come learn from the best — your peers! Tutors in every subject will be on hand with practical tips on how to succeed in your courses. We’ll have activities with door prizes along with snacks and refreshments. Sponsored by Tutoring Services.
Regan Charter Signing
7 p.m., Regan Hall
Come be part of a Regan Hall tradition. The Roses of Regan program is an activity-based campaign where residents of Regan Hall learn what it takes to be the best version of themselves. You can sign the Roses of Regan Charter, receive your Rose Swag, and join a great legacy of women to graduate from Regan Hall. Sponsored by Residence Life.

Ryan Charter Signing
8 p.m., Ryan Hall
Come be part of a Ryan Hall tradition. The Ryan Royals program is an activity-based campaign where residents of Ryan Hall learn what it takes to be the best version of themselves. You can sign the Ryan Royals Charter, receive your Royal Swag, and join a great legacy of women to graduate from Ryan Hall. Sponsored by Residence Life.

Flather Charter Signing
9 p.m., Flather Hall
Come be part of a Flather Hall tradition. The Gentlemen of Flather program is an activity-based campaign where residents of Flather Hall learn what it takes to be the best version of themselves. You can sign the Gentlemen of Flather Charter, receive your GOF Swag, and join a great legacy of men to graduate from Flather Hall. Sponsored by Residence Life.

Thursday, Sept. 10
Enhancing Academic Success with Read & Write Gold
5 p.m., 327 Pryzbyla Center
Read & Write Gold is a software application that provides a suite of tools that facilitate research, studying, and test taking. It improves reading fluency and comprehension. CUA makes this tool available free to all students, faculty, and staff. This session will demonstrate how to install the application on your computer and how to use it to enhance your academic experience. Sponsored by Disability Support Services.

Servant Leadership: Liturgical and Music Ministries
6 p.m., Dinner
6:45 p.m., Solemn Evening Prayer and Training
St. Vincent’s Chapel and Patio
We need your help at Mass! Join us for dinner and our first training night for new and returning liturgical and music ministers. We welcome all those who want to share their gifts as extraordinary ministers of Holy Communion, lectors, altar servers, hospitality ministers, cantors, instrumentalists, accompanists, and choir members. Sponsored by the Office of Campus Ministry.
Tutoring Services Open House
7–9 p.m., Tutoring Services, 202 Pryzbyla Center
Meet your 2015–2016 tutors! Worried about making it through calculus? Want some tips on how to take notes in your philosophy class? Come learn from the best — your peers! Tutors in every subject will be on hand with practical tips on how to succeed in your courses. We’ll have activities with door prizes along with snacks and refreshments. Sponsored by Tutoring Services.

Saturday, Sept. 12
First Home Football Game and Cardinal Tailgate
10 a.m. (Game begins at 1 p.m.), Cardinal Stadium
Come on out for the first tailgate of the year! Join us for live music, great fans, and some great football. Policies regarding Cardinal Tailgate can be found at www.cuatoday.com. Also, cheer on the CUA Volleyball team at 11 a.m. and 3 p.m. in the DuFour Center. Sponsored by Custos Utique Antiquitatis and the Department of Athletics.

Creative Writing Workshop
2 p.m., University Bookstore, Monroe Street Market
Barnes & Noble at CUA, in collaboration with the CUA Writing Center, will host a Creative Writing Workshop with author and CUA alumnus Christopher Mannino. Learn about the art of writing and the path to fulfilling your creative spirit! Sponsored by CUA Barnes & Noble.

Sunday, Sept. 13
Serve with Pope Francis: Day of Service
10 a.m.–2 p.m., Caldwell Hall Auditorium
As a gift to Pope Francis, Cardinal Wuerl is asking for people to offer service to their sisters and brothers across the archdiocese. Learn more about our local community and how to become an agent for change through service. To sign up, visit service.cua.edu. Sponsored by Campus Ministry.

Women’s and Men’s Ministry
Tie-Dye Extravaganza
7 p.m., Caldwell Hall Auditorium
Join your campus ministers for men’s and women’s ministries, along with representatives from our faith-based student organizations, for an evening of fun, faith, and fellowship as we explore the ways to get connected to our faith communities on campus. Bring your friends and make some new ones! Sponsored by Campus Ministry.
MAP-Works Launches
As a member of the Class of 2019, you are invited to complete the Making Achievement Possible Works (MAP-Works) survey. As the name implies, MAP-Works is designed to help make your achievement possible. It will allow you to gauge your transition to college, prepare you for the challenges that lay ahead, and highlight some of the services that are available to help you meet those challenges. You will receive an email in mid-September with survey details. About two weeks after completing the survey, you’ll receive a personalized online report to help you better understand your strengths and potential areas to focus additional attention. Information about CUA resources and helpful tips will be included within your individual report, and University staff may follow up with you to provide additional assistance during your transition to CUA. Sponsored by the Office of the Dean of Students.

Tutoring Services Begin!
9 a.m.–5 p.m., Tutoring Services, 202 Pryzbyla Center
All Drop-In, Math Center, and individual tutoring begins today. (Sign up for individual tutors can be done before this but no meetings should be held until today.) Please check success.cua.edu for the latest Drop-In schedule.

Freaking Out?
How to Cope with Stress and Anxiety
5 p.m., 321 Pryzbyla Center
This presentation describes a variety of techniques, attitudes, and activities that can help you minimize the impact of stress and anxiety on your life and maximize your enjoyment and productivity in college. Common sources of stress and anxiety will be discussed. Practical suggestions for prevention and coping will be offered. Sponsored by the Counseling Center.

CV House Socials
7 p.m., Centennial Village Residence Halls
Come together with your fellow CV residents to meet your neighbors and learn more about your community, while enjoying fun games and good food around CV Circle. Sponsored by Residence Life.

ManTalk Monday: Redefining Manhood … Between Classes
7:30 p.m., Great Room, Pryzbyla Center
You are invited to take part in a bold conversation about redefining what it means to be a man in this modern age. This workshop and discussion is designed to highlight hot topics relevant to college men seeking to live a life that embodies an appreciation for modern civility through values clarification and ethical decision making. Join us in redefining the college male identity. Sponsored by Student Conduct and Ethical Development.
We Are Called
9 p.m., Lobby, Flather Hall, and Lounge, Magner House
Can you identify potentially dangerous situations? Do you know how to safely intervene? Come to this interactive workshop and learn about the 3 Ds of bystander intervention as well as resources available to support your friends. Sponsored by the PEERS.

Wednesday, Sept. 16

Class of 2019 Convocation
9 a.m., Basilica of the National Shrine of the Immaculate Conception
Join your classmates to be officially welcomed into the academic community of the University and receive your university pin! First-year students are excused from FYE classes meeting from 9 to 11 a.m. Sponsored by the Office of the Provost.

Operation Street Smart
4–7 p.m., Ryan Hall and Regan Hall
Department of Public Safety personnel will share information and services on ways to maintain safety on and off campus. Sponsored by the Department of Public Safety.

NN2 Building Socials
7 p.m., Ryan Hall, Regan Hall, and Flather Hall
Join the RAs of NN2 for a special building wide social event complete with activities and a mystery dessert! Sponsored by Residence Life.

Real Talk for Ladies: Friends & Frenemies
7:30 p.m., Great Room A, Pryzbyla Center
You are invited to join a powerful discussion about the concept of relational aggression and its prevalence in young adult relationships. Inspired by hit films and novels like Mean Girls and Queen Bees & Wannabees, this session offers concrete strategies to empower you to be socially competent and an authentic friend to others. Sponsored by Student Conduct and Ethical Development.

Thursday, Sept. 17

Hoop It Up!
Kane Fitness Center Annual Court Kickoff
5:15 p.m., Outdoor Basketball Court, Kane Fitness Center
Win an iPad! Knockout is the name of the game. Be in line by 5:15 p.m. and give it your best shot. A 3-on-3 tourney for prizes will follow. Sign up at Kane in advance or on game day. Not a baller? Music, fun, and prizes for you too! Rain Date: Sept. 24. Sponsored by the Kane Fitness Center.
Sunday, Sept. 20

Interested in Becoming Catholic? Want to Be Confirmed?
Noon, St. Vincent’s Chapel
(meet outside after the 11 a.m. Mass)
Each year, a number of CUA students join the Catholic Church or complete their sacraments of Christian initiation through confirmation. If you would like to explore the Catholic faith and learn more about the process of becoming Catholic through the Rite of Christian Initiation for Adults (RCIA), please join us for this important first step in the journey. Sponsored by Campus Ministry.

Wednesday, Sept. 23

Mass and Canonization of Junípero Serra with Pope Francis
University Mall and East Portico of the Basilica of the National Shrine of the Immaculate Conception
Thousands of people, including CUA students, will gather on the University Mall and have the opportunity to participate in this historic event with Pope Francis. For more information visit popeindc.cua.edu.

Saturday, Sept. 26

Let’s Go Cards!
1 p.m. and 3:30 p.m., Raymond A. DuFour Athletic Center
Head to the DuFour Center to cheer on your CUA Cardinals! Watch field hockey take on Elizabethtown at 1 p.m., and then stay for the men’s soccer game as they face Moravian at 3:30 p.m. Sponsored by the Department of Athletics.

Monday, Sept. 28

8th Annual NN2 Progressive Dinner
8 p.m., Ryan Hall, Regan Hall, and Flather Hall
Come get to know your neighborhood and enjoy a tasty three-course meal at the same time. NN2’s 8th Annual Progressive Dinner is a neighborhood-wide event where you have the opportunity to visit each one of the residence halls and enjoy appetizers, a main course and a delicious dessert. Sponsored by Residence Life.

We Are Called
9 p.m., Lounge, Engelhard House, and Lounge, Unanue House
Can you identify potentially dangerous situations? Do you know how to safely intervene? Come to this interactive workshop and learn about the 3 Ds of bystander intervention as well as resources available to support your friends. Sponsored by the PEERS.
Wednesday, Sept. 30

**Intercultural Resource Fair**
11 a.m.–1 p.m., Great Room, Pryzbyla Center
Interested in expanding your cultural competence? Stop by to learn about academic and cocurricular opportunities available to you at CUA. Meet the Office of Campus Activities Intercultural Programs team and a wide variety of academic departments who can provide information about courses in each school that can help you to broaden your intercultural competence. **Sponsored by the Office of Campus Activities.**

**Operation Street Smart**
4–7 p.m., Flather Hall
Department of Public Safety personnel will share information and services on ways to maintain safety on and off campus. **Sponsored by the Department of Public Safety.**

**Ask Career Services!**
6–7 p.m., 327 Pryzbyla Center
Not sure what to do with your current major? Not even sure what to major in? Come in to learn how our office can help you find out your educational and employment interests. **Sponsored by Career Services.**

Friday, Oct. 2

**Fall Career Fair**
10:30 a.m.–2:30 p.m., Great Room, Pryzbyla Center
Look for work opportunities or internships from employers within the D.C. metro area. Not ready to apply just yet? You can still explore upcoming opportunities and network with recruiters and employers. **Sponsored by Career Services.**

Saturday, Oct. 3

**Horseback Riding with Cardinal Adventures**
Noon–4 p.m., Off Campus
Saddle up, it’s time to ride! Enjoy a one-hour guided trail ride on horseback just 40 minutes away. Sign up at the Kane Fitness Center. $20 fee includes transportation and trail ride. **Space is limited! Sponsored by the Kane Fitness Center.**

**Capital Fest 2015**
7 p.m., University Lawn
Can’t book a flight to Coachella? Was Bonnaroo just too soon this summer? Does missing Firefly make you cringe? Well then we’ve got some good news for you: CUA’s second annual concert-extravaganza-fest is here! Be part of the magic as you watch this year’s legendary performance. Join us on the University Lawn between the Pryz and the law school for a night you’ll be talking about all year-round. This event is FREE for all undergraduate students. **Sponsored by Program Board.**
Wednesday, Oct. 7

**Operation Street Smart**
4–6 p.m., *Centennial Village*
Department of Public Safety personnel will share information and services on ways to maintain safety on and off campus. *Sponsored by the Department of Public Safety.*

**Get the Shot, Not the FLU**
4:30–6:30 p.m., *Second Floor, Pryzbyla Center*
Your best protection against the flu is the flu vaccine. Student Health Services staff will be holding a flu shot clinic. All students can receive the vaccine but we especially want freshmen to come and start their semester with the best flu protection. Stop by and meet the staff and feel free to ask any questions regarding any health related topics or our services. *Sponsored by Student Health Services.*

**Can I Kiss You?**
7 p.m., *Great Room, Pryzbyla Center*
Renowned national speaker Mike Domitrz returns to CUA for his fun, engaging talk on dating and healthy relationships! *Sponsored by the PEERS.*

Friday, Oct. 9

**Family Weekend**
October 9–11 is Family Weekend! Invite your family to visit your new home and enjoy a football game, service opportunities, a reception with President Garvey, tours, performances, excursions into D.C., Sunday Mass, and more. Find out more and register your family at familyweekend.cua.edu.

Saturday, Oct. 10

**Let's Go Cards!**
1 p.m. and 3:30 p.m., *DuFour Center*
Head to the DuFour Center to cheer on your CUA Cardinals! Watch football take on Randolph Macon at 1 p.m. Men’s soccer will face Drew, also at 1 p.m., and women’s soccer plays Drew at 3:30 p.m. *Sponsored by the Department of Athletics.*

**Welcome Home BBQ & Battle of the Bands**
7 p.m., *Flather Hill*  
*(Rain Location: Great Room, Pryzbyla Center)*
Students and their families are welcome at this event to enjoy live music, eat great food, and celebrate having made it through your first six weeks of college. At the BBQ, all students in attendance will be entered in a drawing to win gift certificates and other prizes. You must be present to win. Welcome home! *Sponsored by Orientation and Residence Life.*
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